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Value Education & Sustainable Society

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Abstract

Literary education is of no value, if it is not able to build up a sound character.

…...Mahatma Gandhi

Value education is a foundation for the growth and development of each and every country. Especially in a country like India, value education plays a very important role in a life of every human being. One can obtain values either by self, through various situation, circumstances, experience etc or by rules and regulation formulated either by a society or by a particular community. Other way through which values can be obtained from family, books, educational institutions, friends, relatives etc. values can be derived from both formal and informal way. Value education is a sum total of persons attitudes, behaviour and positive approach in the society. In this paper researcher has tried to elucidate the importance of values, in our population and in academic curriculum, unfortunately has vanished from today's society up to certain extent. Certain measures and suggestion are provided in this paper in order to sustain the values in our society. The researcher has adopted secondary method, with the help of articles, journals and various authentic website, researcher has drawn a certain conclusion to accelerate the importance of values in our population.

Key words

Ethics, Moral Values, Resources, Sustainable, Vanished

Introduction

Value education is a foundation for the growth and development of each and every country. Especially in a country like India, value education plays a very important role in a life of every human being. The word value means principle or standards of behaviour and the word education means teaching. Whatever an individual learns, the sources are either from society family or from their educational institution and books, reflect in their behaviour that is nothing but called as a value education. On the one hand one can obtain values with himself by various situation, circumstances, rules and regulation formulated either by society or by a particular community, or values can be obtained from family, books, educational institutions, friends, relatives etc. values can be derived from both formal and informal way. Value education is a sum total of persons attitudes, behaviour, positive approach in the society. There are two types of value, each one of having separate advantages and disadvantages to each person. Now a days value education among youth related to belonginess and intent towards earlier thoughts and belief is considered as outdated. They are more inclined to adopt a modern, overly broad views, western culture etc. Either at home or in educational institution, if initiative taken by anybody to inculcate our traditions, customs, values, morals among youth, maximum of them find it difficult to digest it. Hence the question of accepting and following values in society is slowly vanishing. This attitude among young population would lead to trouble and obstacle for future generation. Mentality and thought process has become so commercial, practical that no place is left for emotions of an individual.

Today we see the ratio of imparting education and educated masses has increased tremendously. Unfortunately, in spite of being highly educated, people are not happy from within. The major reason behind this is thirst or greed to just secure good marks in academics secure seat in employment, earn huge money and live luxurious life. They are also not wrong because this thought has been given to them either by their families or sometime, they themselves think in such direction by observing people in their surroundings. Just for their selfinterest one work like a machine day and night, at the cost of their mental and physical health. To live a healthy and balanced life, practicing our old customs were absolutely perfect for maximum of the people. Due to lack of value education, respect, compassion, love and loyalty people are not only playing with their physical health but also abusing themselves mentally.

That is the reason the demand for psychologist is increasing day by day.
In this paper researcher has tried to identify and depict the realty in which our young population is unknowingly or in ignorance, struggling, due to lack of value education, not only this, researcher has tried to explain the importance of value education in today's society and also its benefit to future generation if get continued.

Objectives
To find out the relevancy of moral values and its impact on sustainable society
To identify the importance of technology for sustainable society
To ascertain the significance of economic growth and development leads to sustainable society
To trace the values for environment maintenance and Sustainable society
To find out the magnitude of introducing value education as a compulsory subject in academics

Relevancy of moral values and its impact on sustainable society
One must satisfy its need but not at the cost of incurring damage to future generation, the resources available is for all, the past generation has utilized these limited resources wisely, by its optimum utilization and without wastage, hence resulted into benefitted to current generation. Similarly, it is a duty and responsibility of present generation to utilize available limited resources up to its fullest extent without misusing and wasting it, so that even future generation can derive benefit from it. In order to understand the exact meaning of sustainable society, it is very clear that the society must be capable of giving birth to safety healthy and harmonious relations among the pupils, such leaving is termed as sustainable society.
Just to fulfil individual needs by theft, extortion, robbery and other unlawful mean does not make a sustainable society, the needs and desire of individual to be get fulfilled, they must have the feeling of oneness, safety and security to their life, property and dignity is the extended form of sustainable society.
The society in which we are living will be best understood only by awareness. This pandemic of covid-19 is the best suitable example to identify the importance of self-sufficient, basic requirement for living is seen in villages, people shifted from city to village, promoted organic farming, awakened towards living in pollution free environment, believed in avoidance of E- Waste and also reducing the demand for non-essential goods or its consumption.
The gap between rich and poor is so wider that it is absolutely a great hurdle to fill the gap again. The richer is having sufficient money and resources through which they can fulfil their required demand as well as dreamed demand, whereas on the other side the poor person facing difficulty to receive a basic daily food. Even in such situation the value education role is utmost importance. Rich having all resources try to exploit poor and poor person with lack of basic amenities is willing to help other poor person and also many places work for the benefit of rich people. With this researcher is not supporting poor and criticizing rich, only putting an effort to depict that, whether a person is rich or poor having a value education among them will lead to sustainable society. Moral values and sustainable society, is visible in the behaviour, thought, feelings, greed and competition among the pupils.

Importance of technology for sustainable society
It is the duty of each and every citizen as well as government and other authorities to take care of the environment, maintain the ecology. Today's scenario has witnessed the growth in technology, this will lead to damage to our environment. Technological growth and environment maintenance both plays a pivotal role, growth in technology leads to growth and development of our country, and is indirectly benefitting to large masses, but at the same time its ill effect degrades the air quality. So, in order to make a sustainable growth it is necessary to minimize the damage and enhance the values and quality. In 21st century it is almost impossible for everyone to do their daily task without technology, either at home or at work place. But that does not mean one should become slaves of it. One must use the technology only for the option less work. One must understand the difference between use and misuse of technology. Overly utilization of anything either a technology or a manual work disturb the life span, routine of an individual. Value education is the one which can change the thought process, rigid pattern and casual approach of an individual and also develop the sense of balancing the life both at home and in work place. During the pandemic of covid 19 in entire globe, it is again proved that only because of technology, world is moving otherwise there was no scope left with everyone. Advancement in technology shows the progress of nation but in order to maintain and sustain with this technology, one must use it carefully and tactfully. Rather than misusing and becoming slaves of it, one most use it only in absolutely required places.

Significance of economic growth and development leads to sustainable society
Inculcating value education among the children of our nation from their childhood both from home, society and educational institution will be beneficial for the overall development and growth of that child. It will lead to well balanced and overall developed personalities. Value like kindness, compassion, hard work, loyalty, unconditional love etc can be developed only through value education. If a population living in the society with

such high moral and ethical values, it will ultimately turn the economic growth and development of the nation. Qualities whether good or bad does not only limit the particular person it limits the sustainable society too. In India we look for all round development, such as ethics, which determine the right or wrong, values it personalized to individual belief, outlook, perception etc and finally morals can be observed in individual's behaviour and code of conduct. At the same time, one must take care of one's responsibility, gratitude, care, wisdom, perseverance and integrity.

Value education for environment maintenance and Sustainable society

Everyone knows without education it is not possible for one to participate actively and surge for the maintenance of environment. The growing population, industrialization, automobiles, forest burning etc is the major factor for environmental pollution. With the help of value education one can identify the difference between use and misuse of natural and man - made resources. With the growing population and its demand, it is not possible to control the environmental pollution completely, but it can be prevented and safeguarded by adopting available and suitable remedial measures. A principle called as polluter pay principle could not work effectively unless and until a suitable support and responsibility to maintain the environment is taken by people themselves. Entire globe has become so greedy to fulfil their own demand that they even can't visualize their demand is getting fulfilled at the cost of degrading the environment. If such situation keeps on continue for few more years, it will be resulted into drastic situation for all. Flood, earthquake, sudden lit a fire in forest, cyclone etc are the examples and witnessed by many countries in entire globe in past few years. To save the environment is saving the life of our future generation. Hence the values related to saving and protecting environment from damages must be inculcated to everyone irrespective of their age.

Introduction of compulsory subject value education in academics

In academics, a subject on value education must be introduced in the interest of students and also for the benefit of society at large. If we compare the literacy rate, there is an increasing trend year after year, which shows that, people have become more educated as compare to earlier generation. In spite of that the crime ratio is increasing day by day. In most of the criminal and terrorist attack one can identify that the most educated persons are involved in making master plan for terrorist attack, many engineers, doctors, and high intellect people from various other filed is deeply involved in such illegal and immoral activity. This is the clear image which reflects that there is a lack of value education in those educated people. Ethics, Moral and values are considered as the three fundamental things, which develop values in education. One must work for the creation of holistic education system. Which resulted into transformation in individual and society and can be mirrored in the behaviour and will lead to active and positive contribution toward the society. Holistic education system in the form of deriving intellectual value, spiritual value, physical, emotional and psychological values too, this is based on certain core value is integrity discipline and justice. Education whether it is basic, higher or highest is incomplete without value education.

Suggestion

The ignored, unadopted, neglected and vanished value education from society can again highlighted, enhanced and shine like a sun. This can arise again with the effort of all, because value education is in our blood, it is deeply rooted but due to modern thinking and high living it is being ignored and neglected by many in today's society. Researcher has suggested certain boundary within which if one work, achieving and inculcating values in the society will not be a major challenge. Extremity are as follows:

1. Adoption of our old customs with modern trend, fusion of both the trends in a balanced form will be beneficial to inculcate values among youth.
2. Healthy food, exercise, and good habits will develop healthy thought and behaviour among youth.
3. Teachers and educational institution must take an initiative to develop values among the students in school, colleges and educational institution.
4. Authorities related to education must compulsorily include a syllabus of value education in the academics.
5. Inculcating value education effortlessly can be best done by observation then by teaching. It is scientifically proved that people learn more easily by observation rather than teaching. Hence our surrounding environment must be healthy, which is possible only by self -practice.
6. Yoga, meditation and appropriate rest is less important in now a day because of busy and hectic schedule. This resulted into frustration, stress anxiety etc and people misbehave or disrespect one another unintentionally. Due to this one can observe, this is occurring frequently every now and then because of forgetfulness and ignorance of values.
7. Maintaining a balanced life is possible only by maintaining physical and emotional health of oneself. Mostly people are aware and working for physical health, and gives less importance to emotional health by

living a dual life, unhappy from within but showing smile and looking happy from outside. Supressing their feelings and imitating a fake life. Balancing emotional and physical health can be possible only by sharing, caring and awakened towards inside and not outside.

8. Nuclear family is also one of the major factors for non – deliverance or improper imparting values in family. If possible, the concept of joint family must be adopted, one learns and develop a sense of sacrifice, caring, sharing, belonginess, compassion and living for each other is developed just by observation in joint family as compare to nuclear family. Each system is having their own advantage and disadvantage, if the advantage is more as compare to disadvantage, one must adopt such system without any doubt or hesitation.

9. One must maintain equality among all, without discrimination on creed, sex, religion, rich, poor, male and female. When a sense of equality develops among the citizens, ego and other ill will disappear resulted into arise of respect and compassion among all. Equal opportunity whether at home or at workplace must be given to both man and women, this can also prove an essential tool for increasing and accelerating value education among youths.

The above-mentioned suggestion is not very difficult to adopt if one determined, ultimately adopting the suggestion will be beneficial for the entire globe. This is not only limited up to certain countries, can be adopted by all for the betterment of all. Few suggestions might seem difficult to adopt at today's scenario, eventually, we all has witnessed that earlier generation was having more value education then today's generation. Ultimately one must not constraint towards oneself and see one's comfort, freedom or independence, one must also think about the future of our upcoming generation.

Conclusion

No doubt huge contribution and effort is been taken by educational institutions, teachers, family and society towards educating the masses, also for increasing the literacy ratio of our country. In spite of that we observe a sense of non- satisfaction, irritation, anxiety, stress, depression unhealthy habits, imbalanced emotional and physical health, crime, theft, cheating, unhealthy or sometime overly competition among the youth. The major reason behind this is forgetfulness, ignorance and lack of value education among them. A balanced mind and body are only derived by inculcating healthy thoughts, healthy thoughts will come only by inculcating values among the individual. A compassion towards all living being, sense of patriotism, attitude of taking responsibility and accountability for one's action, this is only possible by imparting value education along with basic and professional education. There is no rocket science behind understanding very simple thing, such as, if one respect, love and take responsibility and accountability in family and society will automatically will be an asset for the nation. It's a high time when an attention is been given towards imparting value education not only by educational institution and related authorities but also contribution is been given by family members, teachers and society. Attention along with implementation from all the spheres of society is utmost important. Education along with value education is like a cherry on the top of a cake, which not only taste good but also enhance the entire scenario.

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